

THE NETWORK: TOWARDS UNITY
FOR HEALTH & FACULTAD DE MEDICINA,
UNAM, PRESENT



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	HALTING EPIGENES : A Holistic Approach to Eliminate Stunting Beyond Disciplines, Generations and Genders
Type	TUFH Documentary <i>Building the Capacity of Future Leaders in a Socially Accountable World</i>
Presenting Author	Alif Indiralarasati
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Country	Indonesia
Abstract N^o	TUFH162
Content	<p>Stunting is a global problem and has significant negative effects in the growth and development of children. Cilacap is a district located in Central Java, Indonesia; with the prevalence of stunting that reaches 36.32%. A one-month retrospective cohort study and intersectoral programs were conducted in January 2020 at Pucung Lor Village, Cilacap Regency. A total of 241 children under five years old (mean age 26.97 months; 50.2% female) were evaluated, 22 children (9.1%) were stunted based on height/length for age (HAZ) examination. There was a strong significant association between low children HAZ and maternal height. Maternal with height less than 150 cm has 6.325 times (95% CI 2.48-16.11; p=0.00) more risk of having children suffering from stunting. There was data fabrication by staff in primary health care that adjusted the data so that stunting prevalence was reduced.</p> <p>Based on those findings; holistic approaches were conducted to eliminate stunting beyond disciplines, generations, and genders with a comprehensive training with pre-test, post-test, role play, and rewarding system for the health cadres, pregnant women, women with under-five years old children, marriage couples, school-aged children, teenagers, and elderly. Material sessions about stunting and other suitable materials were given to each group. There was an increase in the post-test result in every session. We encouraged the young generation to be the future health hero in their societies. We advocated the local government and primary health care to utilize them to reach wider range of health promotion and prevention to eradicate stunting</p>