



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



THE NETWORK: TOWARDS UNITY
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VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	Training program for health promoters in the rural community of Zacazonapan, State of Mexico.
Type	TUFHTalk <i>Working with Underserved Populations towards Community Empowerment</i>
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Content

Zacazonapan is a municipality in the State of Mexico, it is a population that is in a process of transition from a rural to an urban population, favored by mining. It has a series of unresolved problems such as: school backwardness, poverty and social inequality, lack of access to medical care, the appearance of communicable diseases, the difficulty of detecting and controlling non-communicable diseases, inequity in population health, in addition to being a population crossed by structural violence, gender violence and drug trafficking.

The Health Promoters Training Program seeks the empowerment of the population; especially the most vulnerable, the one with the greatest difficulty in accessing medical care, seeks to train the population so that they can respond in an emergency, also so that they can make decisions that benefit their own health-disease processes. so that they also participate in health promotion plans and programs, in the detection of risk factors. In other words, returning to the communities as part of the health team.

We carried out a program of 18 sessions with a duration of 3 hours divided into 3 modules: 1) Pre-hospital care; in which knowledge is provided to respond in case of emergencies; 2) health promotion in which issues that serve to promote health are addressed and 3) Population Health Reflections, in which we seek to contribute to the development of skills that allow them to generate a participatory community diagnosis.