



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



THE NETWORK: TOWARDS UNITY
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VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	Working on Social Determinants IMPLEMENTATION OF A FALL PREVENTION PROTOCOL IN A COMMUNITY OF OLDER ADULTS OF BOGOTÁ, COLOMBIA
Type	TUFHTalk <i>Working with Underserved Populations towards Community Empowerment</i>
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Country	Colombia
Abstract N°	TUFH60
Content	<p>The falls constitute a high prevalence geriatric syndrome in the elderly, generating in a secondary way an increase in morbidity and mortality; That is why, in geriatric homes, the implementation of a fall prevention protocol is important. For the present study, a participatory intervention was carried out within a community of older adults in the city of Bogotá, Colombia, applying the “community health cycle” method, used by the University of La Sabana, which was divided into 5 phases; In this way, the high prevalence of falls in the community and the lack of knowledge of the care staff regarding the issue were identified, after which the individual risk of falls of the residents was classified, and against that, a plan was created of work with the objective of training geriatric home health personnel, in terms of primary prevention depending on individual risk and acute fall management, through the creation of a protocol. The intervention showed a high prevalence of the high risk of falls in the community, an improvement in the acquisition and application of the knowledge imparted during the training by the staff and an awareness of the whole community about the relevance of the topic. This intervention demonstrates the importance of having an individualized protocol on the prevention and acute management of falls in geriatric residences, as well as the need to have a health personnel properly trained in the subject</p>