

TUFH 2020 Abstracts

Title	Working with the training of human resources in comprehensive health of the indigenous wixárika culture for the empowerment of the community.
Туре	TUFH Oral Presentation
	Working with Underserved Populations towards Community Empowerment
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Content

BACKGROUND: Mexico is concentrated in a strong cultural diversity, it has the largest indigenous population in America: 12,403,000 and besides 85 languages are spoken, which do not represent a unique cultural wealth, but rather than a problem in the country's marginalization and territorial dispersion indices, which causes impoverishment to achieve the right to health. Currently, the life expectancy of the indigenous Wixárika population is seven years lower than that of the rest of the population and their general mortality rate is higher than the national population, which is unacceptable because this inequity is due to socio-cultural barriers that make difficult access to primary health. METHODS: An observational field study will be carried out to find out the socio-cultural barriers that impede access to health. Subsequently, an interprofessional group will be created which will be trained in learning psychosocial parameters and traditional medicinal richness to provide effective primary health care. Besides, community health spaces will be created, in which the Wixárika culture will spread, generating resources for the empowerment of their community. RESULTS: Achieve social justice through interdisciplinary work to meet the needs of the Wixárika culture, exchanging cultural and medical knowledge to strengthen their community. This initiative will generate a new mixed comprehensive medical current through social responsibility that will provide effective medical care. CONCLUSION: With specialized interdisciplinary work in each indigenous culture, primary care and individual-collective for the well-being are going to be accomplished in order to reduce psychosocial barriers in unattended population.