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TOWARDS UNITY FOR HEALTH



Facultad de Medicina



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"PRIMARY HEALTH CARE: A PATH
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SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	Challenges of Being a Volunteer at a Health Care Center Program
Type	TUFH Oral Presentation <i>Building the Capacity of Future Leaders in a Socially Accountable World</i>
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Content	<p>Since 2014, undergraduate students from medicine, nursing and psychology participated as volunteers in Posta Las Lilas Health Center. Volunteers develop not only health related activities also organizational and supportive tasks at La Posta. We describe the characteristics, motivations and expectations of the volunteers and the difficulties and learnings that may arise from their activities. Objectives: - To describe the profile of the student who works as a volunteer at La Posta. - To identify difficulties and obstacles that the voluntary to volunteers development implies. Methodology -Interviews to volunteers and team members of La Posta. -A survey answered by 30 volunteers at the end of their activities in 2018 and 2019. Results Volunteers characteristics - commitment to the task to be performed. - live near La Posta. - altruistic motivation and a strong passion for helping - develop teamwork and leadership skills. Obstacles they face: - Keep their commitment despite academic demands. -Manage unforeseen events given the vulnerability in which La Posta works. - Invite new volunteers. The needs are many and dynamic so new initiatives arise. Volunteer program includes: - organization, induction, and monitoring . - roles and functions where the task of the coordinator is a key element. - integration with teaching, research and care. Conclusions It is important to redefine the meaning and role of the volunteer. The activity is not compulsory. However, students choose it and make a sustained commitment. From the institution's perspective, the management of the program is a key element. Accordingly, our challenge is to assess the program at all levels: volunteers, community and faculty</p>