

TUFH 2020 Abstracts

Title	CHEST OF MEMORIES AND BODY, POETRY AND ANCESTRALITY - A cultural immersion in the Quilombola Community in Rio Grande do Norte - Brazil
Туре	Oral Presentation Working with Underserved Populations towards Community Empowerment
Presenting Author	Carolina Santos
Co-Authors	Esther Roberta Santos, Joao Sousa, Julia Marques, Maria Julia Santos, Roberta Barbosa
Country	Spain
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In the current scenario of Health Education, Afro-descendant populations are still neglected. The discipline "Cultural Competence in Health Care for Quilombola Women", represents the union of students from different areas of knowledge, with the main objective of allowing the students to interact with culturally and ethnically different populations in a harmonious, respectful way. In 2019, an intervention called "CHEST OF MEMORIES and BODY, POETRY AND ANCESTRALITY" was carried out by the students with an inter-professional team (medicine, law, arts). After visiting the village, talking with community leaders and listening to it's elders, the group documented reports from locals of the cultural aspects and traditional arts within the community as a way to preserve the memories and value their traditions. This included recording storytelling Content about the traditional dance "pau furado", along with the community drum group, as well as kids, teenagers, and elderly talking about the arts' history in the community. The project also involved performing a Maracatu workshop (Brazilian cultural expression that involves song and dance) with the local community as a way to connect with the students and learn about popular manifestations and the importance of preserving cultural traditions. Culture has important consequences for the formation of bonds in the interpersonal relationships that are established between health professionals and their patients. This experience led students to connect with their patients and the community through cultural manifestations, helping them to understand more about the community's history, values, beliefs and problems, and to build a culturally competent care.

The Network: Towards Unity For Health (TUFH) = 3624 Market Street, 4th Floor, Philadelphia, PA 19104 = +1 215 823 2106 = <u>secretariat@thenetworktufh.org</u> = <u>http://thenetworktufh.org</u>



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