

TUFH 2020 Abstracts

Title	Erasmus + project Preconception Health of Youth, Bridging the Gap in and through Education PreconNet PreconNet health and care model for education.
Туре	Oral Presentation
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Content	Recent studies show a positive effect of preconception care, reproductive life planning and promotion of fertility awareness on future offspring. Health professionals are expected to promote these evidence-based advantages in young men and women. These concepts are present in educational programs of health professionals, but the evidence is used inadequately and is scattered around the program. Therefore, health care workers fail in their practice: clients do not receive the needed advice. On possible way to bridge the gap between evidence and education and health promotion guidance is to educate future health professionals. The project team reviews current statistics of sexual and reproductive health and maps preconception related themes in the curricula in Austria, Belgium, Finland and Slovenia. Finally, the partners conduct a scoping literature review on preconception health and care. Findings will used to design and refine an evidence-based guiding model and platform for healthcare education. The PreconNet-project develops, based on the statistics and scoping review, an evidence-based online platform for teaching and training future health professionals on preconception health. To guide the content, teaching strategies and learning outcomes of the platform the project develops a model, the PreconNet HoneyComb. The PreconNet-project meets a globally recognized need through the development of an evidence-based online platform that describes the latest comprehensive approaches in preconception health care, including not only biological and health development facts but also psychological, societal, ethical and cultural perspectives. The PreconNet HoneyComb guides, as an educational model, the online platform.