

THE NETWORK: TOWARDS UNITY
FOR HEALTH & FACULTAD DE MEDICINA,
UNAM, PRESENT



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

SEPTEMBER 23-25, 2020

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TUFH 2020 Abstracts

Title	Indigenous Healing & Seeking Safety (Ihss) A Trauma Informed Training Workshop
Type	Workshop <i>Working with Underserved Populations towards Community Empowerment</i>
Presenting Author	Teresa Marsh
Co-Authors	David Marsh
Country	Canada
Abstract N^o	TUFH94
Content	<p>Objective This workshop will explore the teaching of and integration of Indigenous Traditional Healing practices with Seeking Safety; a Western treatment model for trauma and addiction. Indigenous Healing and Seeking Safety (IHSS) has been implemented at various addiction treatment centres and Indigenous communities to address simultaneously intergeneration trauma and addiction. Participants in the workshop will engage actively through participating in an interactive Sharing Circle and learn to become trauma informed.</p> <p>Method The two -hour workshop on IHSS incorporates all the elements of an integrative, Two-Eyed Seeing blended approach to care. During the workshop the facilitators engage the participants in an IHSS Sharing Circle session on a Seeking Safety topic, PTSD: Taking back Your Power. During the Sharing Circle the facilitator will offer a Grandfather teaching, Indigenous Spiritual and traditional sayings, smudging, the Sacred feather and Sacred drumming. The teachings of the Seven Grandfather teachings address human conduct toward others including the concepts of wisdom, love, honesty, respect, bravery, humility, and truth. This experiential learning opportunity will give participants an appreciation for how Indigenous approaches to health can be a valuable component of the health care response to significant structural barriers to health</p>