



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



THE NETWORK: TOWARDS UNITY
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VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	Quality of life in a rural population in an area of the Colombian armed conflict: a cross-sectional observational study
Type	Oral Presentation Intersectoral Collaborations and the Social Determinants of Health
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Country	Colombia
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Content

the social determinants of health initially described by Lalonde are well known; However, what is the quality of life of rural and rurally dispersed populations, where there are the highest rates of unsatisfied basic needs and health inequities resulting from the social determinants of health exacerbated by the armed conflict.

Objective: to describe the perception that inhabitants of the most remote rural area of the urban area of a municipality that is the focus of the past Colombian armed conflict have their own health with one of the two most widely used validated instruments worldwide.

Justification: the investigation of the quality of life related to health has a demonstrated capacity to approximate the real morbidity of the population, the prediction of mortality and the demands of health services; which allows the generation of more complete quality of life profiles by not being limited to epidemiological profiles focused on the biomedical paradigm of the health-disease process, thus transcending the other inherent dimensions of the human being and facilitating the orientation of public policies that meet the real and particular needs of the populations.

Methodology: a cross-sectional observational study was carried out with 132 residents of a rural area over 18 years of age, recruited by house-to-house sweeping in 2020. The quality of life was measured with the World Health Organization Quality Of Life-BREF questionnaire assisted at home with the investigation of variables of sociodemographic interest, basic needs, health services and risk habits.