



**THE NETWORK**  
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



THE NETWORK: TOWARDS UNITY  
FOR HEALTH & FACULTAD DE MEDICINA,  
UNAM, PRESENT

# TUFH2020 MEXICO

**VIRTUAL CONFERENCE**

"PRIMARY HEALTH CARE: A PATH  
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED  
RESPONSES TO COVID-19

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## TUFH 2020 Abstracts

<b>Title</b>	<b>COMMITment + Courage3: Secrets to Success in Underserved Practice</b>
<b>Type</b>	Oral Presentation Building the Capacity of Future Leaders in a Socially Accountable World
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<b>Country</b>	United States
<b>Abstract N°</b>	TUFH121
<b>Content</b>	<p>Clinical practitioners, medical educators, and policy makers have paid much attention to the needs of people in rural and urban underserved areas over the last several decades. These needs are certainly impressive! Nonetheless, the task of recruiting physicians and other health care professionals to serve rural and urban underserved populations remains challenging. Methods: In this poster presentation, we—two seasoned clinician/educators who have spent our careers focused on underserved populations—reflect on our personal histories, sources of motivation, and meanings of our work. We explore, in narrative fashion, our own internally focused secrets of success for this challenging work. Results: We use the acronym “COMMITment + Courage3” to summarize these secrets: COMMITment = Context, Openness, Mutuality, Mindfulness/Reflective practice, Intent, and Training/Special Skills + Courage3 = Clinical Courage, Cultural Courage, and Compassionate Courage. Conclusion: “COMMITment + Courage3” presents a framework for other practitioners, educators, policy makers, and students to consider as an affective blueprint for their own endeavors to engage respectfully with people and communities in underserved settings. We believe representatives from each of these groups can use this framework as a stimulus to examine their own histories, motivations, and meanings as they respectfully do, train others to conduct, support, and enter into the work of rural and urban underserved practice.</p>