

## TUFH 2020 Abstracts

Title	Socio-economic aspects of health care practice: The influence of Socio-
	Economic status on the choice of health care
Туре	Oral Presentation
	Intersectoral Collaborations and the Social Determinants of Health
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Content	Traditional healing plays an important role in primary health care in many developing countries. Popularized data suggests that 80% use of the traditional health care sector by the poverty-stricken communities or developing countries. Purpose: The aim of the study was to examine socioeconomic status on health care utilization in Limpopo, South Africa. Methodology: This study adopted a mixed model approach in which quantitative and qualitative study designs were used. The probability sampling method was employed to randomly select participants. Questionnaires and semi-structured interviews were adopted as an instrument of data collection. Thematic and Descriptive data analysis was used to analyze data. Results: Contradictory to the popularized data This study findings suggest that only 8% of people from rural communities primarily use the traditional health care sector as the first choice of health care. Western Health care centers are primarily used as an option to health care regardless of individuals' socio-economic status. Implications: Note is also taken of the oppressive effects of colonization in terms of social structures' decision making. We need to keep current with international developments, while remembering our history, celebrating our unique multicultural context, beliefs and practices, and remaining anchored in Africa. There is a negative attitude to traditional healers, traditional healing seldom features within the social structures. Originality: In this study, the principles that guide the person has been identified as a determining factor on individual choice of health care. Also, accessibility and affordability has also been reported as a reason for the use of western health care centers as compared to traditional health care. The traditional practices are being overshadowed by the Western health care sector. It has also been learned that the use of traditional healers depends on the type of illness and is often in conjunction with western health clinics.

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