

TUFH 2020 Abstracts

Title	Assessment of the effectiveness and efficacy of using the Audio-visual method in delivering Sexual and Reproductive Health and Rights (SRHR) Education amongst adolescents in Rwanda.
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	Working with Underserved Populations towards Community Empowerment
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Despite the efforts used by the Government and Civil Society Organizations in teaching Sexual and Reproductive Health and Rights (SRHR) among adolescents, the unwanted pregnancies among young girls is still the major Public health challenges our country is facing with because teenage pregnancy is followed by several disastrous consequences including sexually transmitted infections, psychological hazards, school dropouts, and financial constraints, among others. The current study carried out to assess the effectiveness and efficacy of using the audio-visual method over traditional in-person presentations in equipping adolescents with SRHR knowledge and skills. Methods: 185 adolescent girls and boys participated in this descriptive study. The participants have chosen among our direct beneficiaries. We have used three different methods including Interviews with the participants, Questionnaires, and Focus Group Discussions. We used SPSS version 16 to analyze the data. Results: Of 185 participants, 93.2% reported the huge difference between traditional in-person teaching and the Audio-Visual method. About 72.8% reported recognizable change in their Knowledge, Attitude, and Behavior toward SRHR. Conclusion: The findings indicated that using the Audio-visual method in teaching SRHR is more effective and efficient than the traditional in-person teaching method. This method gets targeted beneficiaries more energized and engaged in teaching sessions and generated a much greater amount of interest and enjoyment. Consequently, it is strongly recommended to shift from traditional in-person methods to

new Audio-Visual method to bridge the gap in SRHR Knowledge and skills among

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Rwandan adolescents and eradicate unwanted teenage pregnancies.



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