



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



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VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	Fomenting healthy habits as a social determinant of health in leaders at commune 9 of Monteria
Type	TUFH Oral Presentation <i>Intersectoral Collaborations and the Social Determinants of Health</i>
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Content

Objective: Our main objective was to identify the main determinants of health in this community and set up a model for teaching healthy habits under contagious diseases prevention model. Methods: This investigation has ethical approval. A descriptive observational study with mixed characteristics was carried out. Non-probability sampling of consecutive cases was performed between June and December 2018. The analysis was carried out in excel program using univariate analysis; for the qualitative variables the absolute and relative frequencies were used. Results: the interviews were transcribed to in order to develop codes from their answers and identified the components using their responses. We worked with a total of 14 people, 100% were in an age range between 16 and 65 years old, the average of family members were 5,1 (min: 4, max:8). An educational model was built; this model was based on academic program which included theory and practice, in addition to the publication of educational text (primer) to improve the learning process. Conclusion: It was concluded that more than half of the participants consider that the practice of healthy habits is important in the family environment. At the end of the training an evaluation was carried out that showed the appropriation of knowledge, meeting the objective of the training