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FOR HEALTH & FACULTAD DE MEDICINA,  
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THE NETWORK  
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



# TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH  
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SYSTEMS AND COMMUNITY BASED  
RESPONSES TO COVID-19

SEPTEMBER 23-25, 2020

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## TUFH 2020 Abstracts

<b>Title</b>	<b>Awareness of Family Planning in Tabat Locality, Gezira State, Sudan in January 2018</b>
<b>Type</b>	Oral Presentation <i>Working with Underserved Populations towards Community Empowerment</i>
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<b>Country</b>	Sudan
<b>Abstract N°</b>	TUFH285
<b>Content</b>	<p>Background: Family planning(FP) is an essential practice in maternal and child health. In Sudan, it is faced with cultural and socio-economic obstacles, especially in rural communities. Noting that over 80% of Sudanese communities are estimated to be rural. This study aims to assess awareness and attitude towards FP in Tabat rural area. Methods: Cross sectional study conducted in Jan 2018 in Tabat village(77km north-west Wad-Madni, central Sudan, with population of 2000) among 50 married women aged between 18-45years(mean age 33).64% had 2-5 children,14% had more than 5.The study was ethically approved by Faculty of Medicine-University of Gezira. Data collected from Tabat Rural Hospital's reports of abortion and FP service and via questionnaires filled in personal interviews by the author with variables designed to meet the specific objectives(analyzed using SSPS) results: -While 60% had good understanding of FP, 40% didn't recognize the concept (correlation to educational level observed) -Of the 40% who have had an abortion, 41%had a second pregnancy within less than 6months, with 18% having a second abortion,18% delivering a stillbirth and 50% experienced variable complications during pregnancy. -Percentage of post-abortion pregnancy risks awareness was 6%. Conclusion: -Limited awareness of FP despite good ANC. -Scarcity of FP supplies in Tabat Rural hospital. -Absence of post-abortion FP protocol (adopted by Sudan Ministry of Health) in Tabat Hospital. -No acceptance of post-abortion FP among the local community attributed to culture. Intervention: Students and reproductive care providers conducted a FP awareness-raising camping</p>