

THE NETWORK: TOWARDS UNITY
FOR HEALTH & FACULTAD DE MEDICINA,
UNAM, PRESENT



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

SEPTEMBER 23-25, 2020

#TUFH2020
TUFH2020.COM



TUFH 2020 Abstracts

Title	Factors Influencing the Uptake of Family Planning Services in Yashfeen Primary Healthcare Center, WadMedani, Sudan.
Type	Oral Presentation <i>Working with Underserved Populations towards Community Empowerment</i>
Presenting Author	TARTEL AHMED
Co-Authors	
Country	Sudan
Abstract N°	TUFH295
Content	<p>Background: Family planning services defined as educational, comprehensive medical or social activities which enable individuals to determine freely the desired number and spacing of their children. Usage of family planning services in developing countries have been found to avert unintended pregnancies, reduce maternal and child mortality, however, it's usage still remains low. Objectives: To evaluate factors influencing the uptake of family planning services in Yashfeen primary healthcare center. Methods: A cross-sectional, community based study conducted, systematic random sampling was used to recruit 50 residents aged 15-49 years and primary data was obtained through structured interview. Results: The study revealed that 80% of respondents were aware of at least one family planning method. The main source of knowledge was relatives and neighbors, other sources were doctors and midwives. The study showed about 60% of women used family planning methods previously, but currently this percent decreased to 26% due to unavailability and husbands rejection. Contraceptive pills scored the highest percent 58% among other family planning methods. Conclusion: Although most women were aware of family planning services, the uptake and utilization was low. Thus, ministry of health must intensify health education on the benefits of family planning with paternal element involvement. The government should also scale up family planning services making it more accessible. Through a medical students team of volunteers, putting in consideration that we are the ones who are responsible of passing knowledge to our community, a health education workshop planned to encourage the use of family planning methods.</p>