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"PRIMARY HEALTH CARE: A PATH
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SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

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| Title | System analysis of mental health care for refugees living in the Netherlands |
| Type | Oral Presentation <i>Measuring Progress towards the Sustainable Development Goals</i> |
| Presenting Author | VERONIKA DUWEL |
| Co-Authors | |
| Country | The Netherlands |
| Abstract N° | TUFH382 |
| Content | <p>Background: This research investigates the role of decentralization of the welfare and healthcare systems in the last two decades in the Netherlands on the accessibility of mental health care services for refugees. Methods: For a thorough mapping of the health care system, qualitative data was collected in the form of scoping review and stakeholder interviews. Health systems dynamics framework was utilized. Literature review focused on social service and healthcare laws that were passed since 2004 and grey literature on the perceived effects of participation society. Three semi-structured interviews were conducted with the relevant stakeholders. Results: There are several reasons behind the lack of overview and congruity of this system. All of them stem from the principles of participation society, decentralization of governance, or both. Based on the scoping review and actor interviews, five important bottlenecks for accessibility were identified. (1) Lack of tailor-made approaches limits utilization of the system. (2) Lack of transparency in governance structures creates lack of accountability. (3) Poor communication between service delivery actors and knowledge centers hinders the availability of culturally sensitive care providers. (5) Lack of free interpreters attributes to the high cost of care and provides a functional barrier to mental health services. Conclusion: Lack of adequate information routes, low financial resources, and discrimination continue to make this system not easily accessible to refugees. Policy makers have to take a more nuanced approach to engaging vulnerable groups in the decision-making, especially when working on SDG 3 "Good health and well-being".</p> |