

TUFH 2020 Abstracts

Title	Story from my village regarding the awareness of women towards Safe Motherhood in rural area in Saudi Arabia
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Content	Background: Safe motherhood is aimed at preventing maternal and prenatal mortality and morbidity. It also enhances the quality and safety of women's live. The purpose of this study was to determine safe motherhood knowledge and practices among women of child bearing age in rural communities in Saudi Arabia, (Helail village). Methodology: The study employed, a cross sectional descriptive research to investigate the knowledge, and practice of women of child bearing age towards safe mother-hood in my village in rural area Southern Saudi Arabia. The target populations were women of child bearing age. village were covered per household (95 women). Data was collected by validated questionnaire of 14 items covered the important aspects of safe motherhood. Result and discussion: The results revealed that the knowledge of safe motherhood practices among Child Bearing Mothers were considered inadequate (45.2%) as well as practice and utilization for maternal health services was (45.4%). However, 87.4% received formal education. Knowledge about danger signs during pregnancy was 35.1%, although about 24.6% had a previous experience with pregnancy complications. As a social accountability towards my small village I started public lecture and health education in collaboration with college of medicine university of Bisha and health affairs, which will continue to iniative plan for safe motherhood. Conclusion: It was recommended that all concerned should design educational strategies to improve health education practices.