

THE NETWORK: TOWARDS UNITY  
FOR HEALTH & FACULTAD DE MEDICINA,  
UNAM, PRESENT



THE NETWORK  
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



# TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH  
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED  
RESPONSES TO COVID-19

SEPTEMBER 23-25, 2020

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## TUFH 2020 Abstracts

<b>Title</b>	<b>"When We All Stayed Home"- a coloring book as a tool to help children and families cope with COVID-19.</b>
<b>Type</b>	Oral Presentation <i>Systems and Community Based Responses for COVID 19</i>
<b>Presenting Author</b>	Rebecca Thomley
<b>Co-Authors</b>	Roshan Khatri
<b>Country</b>	United States
<b>Abstract N°</b>	TUFH426
<b>Content</b>	<p>The COVID-19 crisis is a global pandemic like no other the world has faced both in terms of its social impact and economic repercussions. "When We All Stayed Home", a coloring book was created to support families and children coping with the uncertainties of a world with Coronavirus. As children engage in the artwork and coloring, the disease COVID-19 is explained in the story. The book also includes tips for adults on communication with children about Coronavirus; common questions children may have; skills to teach children to protect themselves; common reactions children have to stress; supportive ideas for adults providing home schooling. While working in communities affected by disasters, we have witnessed that adults with or without children come together in the protection of the young ones. Children can play a pivotal role in community rebuilding and bringing the community together in their recovery efforts. A survey was developed and distributed along with the book to families and caregivers to gather feedback on the books. This survey was designed to evaluate the perceived effectiveness of the intervention. The questions were directed at evaluating the process of storytelling and use of a coloring book as a tool, the effectiveness of the skill building and educational components of the book. We are also conducting follow-up interviews with the community members who assisted in distributing the books and worked directly with them.</p>