

THE NETWORK: TOWARDS UNITY  
FOR HEALTH & FACULTAD DE MEDICINA,  
UNAM, PRESENT



THE NETWORK  
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



# TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH  
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED  
RESPONSES TO COVID-19

SEPTEMBER 23-25, 2020

#TUFH2020  
TUFH2020.COM



## TUFH 2020 Abstracts

Title	<b>The Family Nurse Practitioner in Eswatini: Socially Responsible Leaders in Primary Care</b>
Type	Oral Presentation <i>Building the Capacity of Future Leaders in a Socially Accountable World</i>
Presenting Author	Elizabeth Macera
Co-Authors	Bonisile Nsibandze , Tengitile R. Mathunjwa-Dlamini , Colile Dlamini , Eileen Stuart-Shor
Country	Swaziland
Abstract N°	TUFH478
Content	<p>Background: The Kingdom of Eswatini in southern Africa has a population of 1.2 million; 80% live in rural areas. The country has a high burden of communicable and non-communicable diseases. There are two physicians and 17 nurses per 10,000 population, concentrated in urban settings. Clinics in Eswatini are staffed with nurses who have limited prescriptive authority, who treat common infections and refill medications for chronic disease. Patients are referred to regional centers for initiation of treatment or change in medication regimen. Due to the burden of travel, including public transportation cost, many patients are unable to follow through with referrals. Methods: An assessment identified advanced practice nurses (APN) as adding value to the current model by expanding access to universal health care. The first cohort of masters-prepared family nurse practitioners will graduate in 2020. Results: The FNPs receive education in advanced primary care skills as well as leadership activities, such as health care measurement, human resource management, clinical teaching, policy development, and advocacy for health as a human right. The Eswatini Nursing Council recognizes the FNP as an APN role with a unique, expanded scope of practice (SOP). The Ministry of Health is integrating the FNP role into several important documents, including the Standard Treatment Guidelines and Essential Medications to support their extended role. Conclusion: Expansion of the FNP role in this resource-constrained setting has the potential to build capacity to improve equitable access to high quality, affordable health care located in the areas where clients live.</p>