

THE NETWORK: TOWARDS UNITY
FOR HEALTH & FACULTAD DE MEDICINA,
UNAM, PRESENT



THE NETWORK
TOWARDS UNITY FOR HEALTH



Facultad de Medicina



TUFH2020 MEXICO

VIRTUAL CONFERENCE

"PRIMARY HEALTH CARE: A PATH
TOWARDS SOCIAL JUSTICE"

SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

SEPTEMBER 23-25, 2020

#TUFH2020
TUFH2020.COM



TUFH 2020 Abstracts

Title	Management of Confinement Center for suspect cases of COVID 19
Type	Oral Presentation <i>Systems and Community Based Responses for COVID 19</i>
Presenting Author	Sina HAJ AMOR
Co-Authors	Jihene Aouame , Houcem Eddine Sayari , Melki Mariem
Country	Tunisia
Abstract N°	TUFH495

Content

COVID 19 is, to date, the most important pandemic of the 21st century. Each country has tried its own prevention strategy. In Tunisia, since self-isolation measures have not borne fruit, the establishment of containment centres for patients suspected of carrying the virus seemed to be an effective solution to prevent the spread of the infection. In view of the novelty of the situation and the psychological impact of the confinement, we proposed an innovative model for a containment centre for suspect patients based on a partnership with civil society. Thus, the doctors and nurses in charge of the centres were all volunteers. Methodology : A specific protocol has been developed and applied as follows: 1 - Training and information of medical and paramedical staff and volunteers on protective measures. 2 - Patient health education 3 - Creation of a communication interface between the different members of the center and the patients (Whatsapp - messenger ...) 4 - Medical follow-up also included : • Report any symptoms (online survey filled out regularly) • Psychological support: • Exercising: • Yoga sessions Conclusion: Current evidence for COVID-19 is limited to modelling studies that make parameter assumptions based on the current, fragmented knowledge. However, our approach differs from those reported in the literature by integrating the physical and psychological well-being of patients into their medical management.