

TUFH 2020 Abstracts

Title	Successful experience through the empowerment of children in a poor community through Teaching-community.
Туре	Oral Presentation Working with Underserved Populations towards Community Empowerment
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Being health education a very relevant factor in decreasing the transmissibility and morbidity and mortality of various diseases, its promotion to the community is necessary to prevent illness, especially with the most vulnerable socioeconomic threats. Therefore, the present project carried out by students and professors of undergraduate medicine courses at the Tocantinense President Antônio Carlos Institute - ITPAC PALMAS, has the purpose of transmitting relevant and essential information about health, with a focus on not encouraging breastfeeding, personalized feeding, personal hygiene and basic sanitation, together with data collection for future analysis. Such as actions that occur periodically in a location provided by residents, with 20 families living in the neighborhood and who have children under 18, selected with the help of the community health agent and the neighborhood president. Knowledge is approached and passed on to families in an active way and with the participation of the population, offering discussions, chats and practical activities, using data collection for future analysis. With the progress of the actions, the benefits are enhanced by access to information, made available in an adequate way for the level of education and reality of the population, being useful and opportune mainly for a period in the pre-pandemic period, which will occur later. In addition, it provided the student with practical-theoretical learning with proper insertion in the community, enabling the association of social determinants in health with the quality of life of the population and the active learning of health education.

Content

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