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FOR HEALTH & FACULTAD DE MEDICINA,
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THE NETWORK
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Facultad de Medicina



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"PRIMARY HEALTH CARE: A PATH
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SYSTEMS AND COMMUNITY BASED
RESPONSES TO COVID-19

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TUFH 2020 Abstracts

Title	ASSESSMENT OF IMPLEMENTATION OF HEALTH EDUCATION TO COMMUNITIES IN LINE WITH ANNUAL WORLD HEALTH ORGANIZATION (WHO) THEME
Type	Oral Presentation <i>Working with Underserved Populations towards Community Empowerment</i>
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Abstract N^o	TUFH18
Content	<p>Background: Community Based Experience and Service (COBES) is a fundamental philosophy for the training of medical students by the College of Health Sciences, University of Ilorin, Nigeria. This unique approach to medical training has earned it international recognition by WHO as a Collaborating centre for research and manpower development. To assess the implementation of health education to communities in line with annual WHO theme during COBES postings by medical students. Methods: A retrospective analysis of all health education activities carried out to communities in line with the WHO annual theme from 2010-2019 was carried out using the report of the medical students posted to rural communities at the third year of their training. The following information were extracted and analyzed from the reports; method of community mobilization for the health education, site/venue of the health education, number of health education sessions in each community, medium of health education, content of health education , type of health education etc. Results: The communities were mobilized using the community leaders, schools, religious centres and health facilities. Seventy health education sessions were carried out across sixteen local government in Kwara state, Nigeria. An average of 30 people, were reached per health education session. Appropriate projects were carried out to meet the WHO theme for a particular year. Behavioural modification was observed. Conclusion: Annual WHO theme are carried to rural areas by the third year medical students through the COBES programme. This led to improvement in awareness about healthy living among some rural communities.</p>